

Training World Class Coaches

We the principals of Canada Coach & Mentor Academy Inc. Testify That

## Sheila Stirling

Has Diligently Completed The Required Course Of Study Including: 64 ICF Approved Coach Specific Training Hours (ACSTH)

Certification Dates: October 28, 2021 - March 24, 2022

## CERTIFIED LIFE & WELLNESS COACH

WITH ALL THE HONOURS, PRIVILEGES AND PREROGATIVES PERTAINING TO THAT CERTIFICATION ON THIS DAY

Nathalie Blais, MCC

ACSTH

ICF APPROVED COACH SPECIFIC
TRAINING HOURS

24 March 2022

Date